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## **AWARENESS & ACTION**

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### **CHILD SEX TRAFFICKING FIELD GUIDE**

facts & resources to  
equip you to join the  
fight and make a  
difference

**THIS GUIDE BELONGS TO:**

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**Dear Friend,**

This guide is a resource to create awareness about the global crisis of child sex trafficking. Our hope is that it will equip you with the knowledge to understand the issue and empower you to take action to end it.

Thank you,  
*The Destiny Rescue Team*

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IT'S CONSERVATIVELY ESTIMATED THAT

**40 MILLION**  
**PEOPLE** WERE ENSLAVED  
IN 2016

AND IN A 5 YEAR SPAN, OVER

**89 MILLION**  
EXPERIENCED SOME FORM OF  
**MODERN-DAY SLAVERY**

— ILO • Global Estimates of Modern Slavery 2017 —

## Overview

Human trafficking enslaves over 40 million people and occurs in every region of the world. <sup>[1]</sup> Becoming more educated about modern-day slavery and its many forms can help us shatter the incorrect stereotypes surrounding this prevalent issue and move closer to truly abolishing it for good.

### Forced Labor Exploitation

Existing in the private and state sectors, work is imposed in the context of slavery or debt bondage. <sup>[2]</sup>

### Forced Marriage

A person might be forced to marry through physical, emotional, or financial duress, deception, or the use of force, threats, or severe pressure. <sup>[3]</sup>

### Sex Trafficking

Slavery involving the use of force, fraud, or coercion to obtain some type commercial sex act <sup>[4]</sup>

### Child Sex Trafficking

Minors under the age of 18 engaging in commercial sex are considered to be victims of human trafficking regardless of the use of force, fraud, or coercion <sup>[5]</sup>

## Sex Trafficking Statistics <sup>[6]</sup>

### \$99 Billion Per Year

The commercial sex industry is the most profitable form of human trafficking in the world.

### 99% of Victims Are Female

While many males are trafficked for labor, and indeed some for sex as well, overall sex trafficking victims are predominantly women and girls.

### 73% of Victims Are in Asia and the Pacific

7 out of every 10 sex trafficking victims are located in Asia and the Pacific; this is the highest concentration of any region in the world.

### 1 Million Children

This is a modest estimate and researchers agree the actual number is even higher due to the highly secretive nature of this particular form of exploitation.



*"I was forced to have sex with customers every day. The men who came to the brothel were very violent. If I did not do what they wanted, they would hit me or beat me up. I always felt scared."*

**Noy** · sex trafficking survivor

# TERMS

**coercion** • threats or perceived threats of serious harm to or physical constraints against any person; a scheme intended to cause a person to believe that failure to perform will result in serious harm to or physical restraint against any person. <sup>[7]</sup> Coercion can be harm threatened to the victim's family or even threats of shame for the family because of what is happening to the victim.

**force** • physical restraint or causing serious harm. Examples of force include kidnapping, battering, kicking, pushing, denial of food or water, denial of medical care, forced use of drugs or denial of drugs once a victim is addicted, forced to lie to friends and family about their whereabouts, being held in locked rooms or bound. <sup>[8]</sup>

**fraud** • knowingly misrepresenting the truth or concealing an actual fact for the purpose of inducing another person to act to her/his detriment. Examples of fraud include false promises for specific employment, being promised a certain amount of money that is never paid, working conditions are not as promised, being told she or he would receive legitimate immigration papers or a green card to work but the documents are not obtained. <sup>[9]</sup>

**trafficker(s)** • individuals, groups, street gangs, organized crime, businesses, contractors or even family members exploiting a person for profit

**survivor** • an individual who has been rescued from exploitation; referring to them as a survivor and not a 'former victim' is a positive step forward in their recovery and restoration

**victim** • any person who is being exploited by a trafficker

## MYTH

Human trafficking only happens in third world countries.

## FACT

Human trafficking affects every region of the world, hurting individuals of all races, age, gender and social status. Cases of human trafficking have been reported in all 50 states.<sup>[11]</sup>

## MYTH

Trafficking always includes transportation across borders.

## FACT

In some instances, trafficked individuals are transported from one location to another, but human trafficking also includes instances of exploitation locally, sometimes within the victim's own home. <sup>[10]</sup>

HUMAN TRAFFICKING

## **DRIVING FORCES**

HUMAN TRAFFICKING EXISTS BECAUSE OF:

**DEMAND**

**VULNERABILITY**

**EXPLOITATION**

**THE THREE MAIN DRIVING FACTORS  
BEHIND HUMAN TRAFFICKING**

## THE DEMAND

### LUST + GREED = DEMAND



ILO • Global Estimates of Modern Slavery 2017

### Overview

The combined brokenness of lust and greed fuel sex trafficking. In an oversexualized culture, sex is considered a commodity to be bought and there are plenty of individuals and businesses poised to take economic advantage of this.

#### Lust

Virtually every media form studied [in the USA] provides ample evidence of the sexualization of women.<sup>[12]</sup>

#### Greed

Human trafficking is a \$150 billion industry; \$99 billion of that is generated by sexual exploitation.<sup>[13]</sup>

Unlike other trafficked substances, victims under a trafficker's control can be sold multiple times over.

#### MYTH

If a business is blatantly offering prostitutes and their services, it has to be legal.

#### FACT

Prostitution or the activities surrounding it (i.e. pimping, brothels, street walking) is illegal in 81% of countries around the globe.<sup>[14]</sup>

#### MYTH

Pornography and sex trafficking aren't related.

#### FACT

Women used in the production of commercial pornography in the U.S. are often subjected to violence and coercion during filming.<sup>[15]</sup>

# TERMS

## · NOTES / THOUGHTS ·

**bar fine** · fee paid to the pimp/mamasan to take a girl off property or to a back room for sex. The bar considers it a reimbursement for the lost work time of the girl

**beer garden** · (typically in SE Asia) A bar/restaurant where waitresses are commonly exploited by prostitution

**brothel** · a building in which prostitutes are available, sometimes legally, usually illegally

**john** · an individual who purchases sex, also called a buyer

**KTV** · (typically in SE Asia) a karaoke bar operating as a front business for a brothel

**mamasan** · a woman in position of authority over the girls, a female pimp, usually an older woman who has 'aged out' of sex work

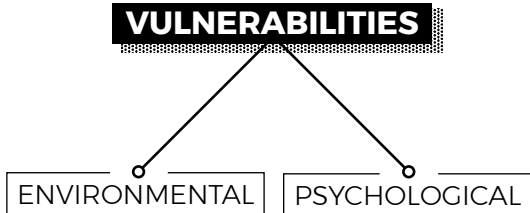
**pimp** · a person who controls and financially benefits from the commercial sexual exploitation of another person

**pornography** · a \$97 billion dollar industry <sup>[6]</sup> producing material that depicts erotic behavior and is intended to cause sexual excitement

**red-light district** · a district in which houses of prostitution are frequent



## VULNERABILITY



### Overview

Greedy traffickers identify and leverage a victim's vulnerability in order to profit off of them through exploitation. There are many factors that lead to the vulnerable state of an individual. Each of these factors can make a person susceptible to and fall victim to human trafficking.

#### MYTH

Only the poor are vulnerable to trafficking.

#### FACT

A person from any socioeconomic background could be subjected to trafficking due to emotional and physical vulnerabilities.

#### MYTH

Trafficking is like in the movie Taken - organized crime and gang kidnappings.

#### FACT

Not all traffickers are mob bosses; in some cases individuals are exploited by their own family members.

# ENVIRONMENTAL FACTORS <sup>[17]</sup>

Often a person is born into a situation where they are subject to vulnerabilities that make them a target for traffickers. Traffickers use these vulnerabilities as an entry point and often create or identify further psychological vulnerabilities to gain even more control over their victims.

**colonialism** • the practice by which a nation acquires, controls, and rules a foreign territory for the purpose of exploiting its resources and people. This can create a bias against the national people (see: racism).

**gang involvement** • the exploitation of men, women, and children is lucrative and harder to prosecute than other trades such as weapons or drugs. Gang members recruit and exploit people in a variety of ways, including sexual exploitation, street begging, street vending, petty crime, and the manufacture and transportation of drugs.

**gender inequality** • the disparity between opportunities available to men and women based on gender.

**physical** • sometimes a person is simply unable to fight off their trafficker and is thus physically forced into exploitation.

**political instability** • war, civil unrest, political conflict, violence, lawlessness, and natural disasters create unstable conditions in which people may live in constant fear with limited options for survival or earning a living. Children may be separated from their families and left without parents or guardians to protect and advise them.

**poverty** • lack of money or material possessions. Traffickers specifically target poor and marginalized communities to offer vulnerable individuals false opportunities to improve their circumstances. Such people are more likely to take greater risks in order to provide for themselves and their families.

**racism** • people who experience racism face systemic barriers such as limited access to education, employment, housing, and credit. These continuous instances of discrimination place them at a higher risk of being trafficked.

# PSYCHOLOGICAL FACTORS <sup>[18]</sup>

Using force, fraud or coercion, traffickers leverage a victim's psychological vulnerabilities to gain and maintain so much control of that person that he or she will not ask for help or try to escape even in public places.

**addictions** • some traffickers purposely supply drugs to vulnerable people to break down their resistance and coerce them into forced labor or sex. As a trafficked person becomes dependent on a particular substance, the trafficker uses that vulnerability to keep them in the cycle of abuse.

**culture grooming** • models of unhealthy gender roles and expectations as well as the constant exposure to hyper-sexualized content normalizes harmful and even violent sexualized behavior, leaving many children to believe that what they are doing, and what is being done to them, is normal and expected

**loneliness** • lack of companionship; has the desire to be heard and/or gain affection

**mental health** • diminished capacity to consent or offer informed consent and limited ability to assess risk

and detect ill-intentions

**online vulnerabilities** • traffickers often keep compromising photos or video of the people they are exploiting to further their control – they may threaten to publish these images online or send them to the family and friends of the trafficked person.

• **NOTES /THOUGHTS** •

## EXPLOITATION

### EXPLOITATION

leverages

VULNERABILITIES to meet a  
DEMAND

### Overview

The exploitation of the vulnerable has been a problem throughout history. It is the action of treating someone unfairly, using force, fraud or coercion in order to benefit from their work. Exploitation in trafficking includes: the prostitution of others or other forms of sexual exploitation; forced labor or services; slavery or practices similar to slavery or servitude. In the 21st century this victimization has been largely impacted by the internet, digital photography and technology, and the ease of travel.

#### MYTH

All trafficking victims are kept in cages and held against their will.

#### FACT

Most victims of trafficking are not physically restrained. Their bondage is an emotional and mental bondage. It is a hidden crime. Victims may be afraid to come forward and get help; they may be forced or coerced through threats or violence; they may fear retribution from traffickers, including danger to their families; and they may not be in possession of or have control of their identification documents.

# TERMS

## · NOTES / THOUGHTS ·

**bondage** • sometimes physical, but usually the emotional and psychological control a trafficker has over their victim used to exploit and entrap leaving no hope of escape

**grooming** • the process of preparing or training someone for a particular purpose or activity, this is often the first step in exploitation, sometimes beginning as subtle manipulation but will escalate to being violent and brutal

**facilitators** • human trafficking operations often intersect or exist alongside legitimate businesses. Certain industries may help to enable, support, or facilitate human trafficking. This “support structure” may include a wide range of individuals, organizations, businesses and corporations, and internet sites and practices. Common facilitators on which traffickers frequently rely include: hotels and motels, landlords, transportation companies, bars and restaurants, websites, financial services<sup>[19]</sup>

**minor** • any person under the age of 18 years old

### MYTH

"Child prostitute" is a legitimate term used to describe minors employed as prostitutes.

### FACT

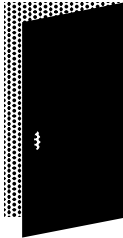
"Child prostitute" is an illegitimate term that infers an intentional illegal activity on the part on the child. Any child under the age of 18 who participates in sex for business, regardless of motive, is considered a victim of sex trafficking.<sup>[20]</sup>

HUMAN TRAFFICKING  
BREAKING THE CYCLE



**THE WORK OF DESTINY RESCUE**

## RESCUE



**RESCUE IS THE DOORWAY**  
— TO A BRAND-NEW FUTURE —

### Overview

Around the world, organizations and governments are working tirelessly to combat human trafficking and exploitation. Rescue directly fights exploitation, removing victims from the control of their traffickers.



### DESTINY RESCUE

Destiny Rescue's rescue operations vary based on location, target, and logistics. At the heart of every rescue, our ultimate goal is the safety and well-being of each and every child.

### MYTH

As soon as a child is located, their rescue is immediate.

### FACT

Maybe the most difficult aspects of rescue for our agents, rescue operations take on many forms and usually require intensive reconnaissance work and/or trust-building before a child can be removed from their situation.

# TERMS

• NOTES / THOUGHTS •

**agent** • (rescue agent) a Destiny Rescue-trained individual dedicated to identifying and offering freedom to children caught in sexual exploitation through research, reconnaissance, persistence, trust-building, coordination with authorities and collaboration with their rescue teams

**burn agent** • a Destiny Rescue agent flown to a different rescue location to participate in a raid in order to protect the undercover identities of the local rescue agents

**hard rescue** • (sting operation) Destiny Rescue operations involving local authorities for the purpose of both rescuing the victims and arresting the perpetrators

**rescue team** • a group of Destiny Rescue agents who coordinate operations together and are accountability and safety partners on missions

**soft rescue** • undercover Destiny Rescue rescue operation in which our agents pose as customers in red-light establishments to identify and offer freedom to a child without the direct involvement of local authorities

**target** • an individual our agents identify as being underaged and exploited



## RESTORATION



### Overview

Restoration is the vital next step after rescue. After a victim is removed from exploitation, the original root cause - the vulnerability that led to his or her trafficking - must be addressed before he or she can experience true healing and move forward into a safe life. Exploitation still pulls at survivors, sometimes long after rescue. It is crucial that survivors receive quality aftercare to support them as they grow in confidence and independence.

### DESTINY RESCUE

Destiny Rescue ensures children have access to quality aftercare opportunities after rescue. We provide them with safe accommodations ensuring their daily needs are met, quality mentoring and regular interaction with a caseworker, training and education opportunities in addition to intentional discipleship and the support of a local church. Caseworkers build relationships and help children through restoration and, when they're ready, reintegration.



## OUR HOME

Destiny Rescue's residential care home program with an onsite aftercare team where we can ensure all her physical, mental and spiritual needs are met. Our Home is the most suitable care we can provide to children who do not have a safe family environment to return to, or for girls who require more intentional 'one on one' care, typically survivors who exhibit symptoms indicating high levels of trauma.



## HER HOME

Destiny Rescue's community-based home program where children who have been rescued are reunited with their family or original place of residence. A Destiny Rescue caseworker will travel to meet with her and her family on a regular basis. Destiny Rescue commits up to 12 months of financial support for girls entering this program. This allows us to create a relationship with the girl, her family, and the local community.



## NEW HOME

Destiny Rescue's apartment-based, semi-independent living program where rescued girls are able to reside in an apartment that is located either in the same building as one of our caseworkers or in an apartment block nearby. This model is implemented for older individuals who have demonstrated responsibility and the capacity to flourish independently.

# TERMS

**aftercare** • holistic care provided to a survivor meant to help them heal from the trauma of their past and keep them safe from the risk of trafficking in their future

**caseworker** • usually national staff individual with social work background dedicated to working with a child to establish a care plan after they are rescued for the restoration and reintegration process

**house parent** • national staff that live on-property at Destiny Rescue residential care homes. These local individuals or families do not have the cultural or language barriers international staff face, allowing them to instantly connect with, care for and mentor girls in the home

**house sister** • similar to house parents but in certain cultures, older-sister-aged individuals provide a better and more open mentor relationship than 'parents' would

**reintegration** • the final phase of restoration when a child of appropriate age is ready to step out into their own future by pursuing higher education, vocational training, employment or returning to their families. Destiny Rescue provides caseworker follow up post-reintegration

**Post Traumatic Growth (PTG)** • an outcome as well as a process that one who has been through trauma can experience. With a focus on strengths instead of weaknesses, influences that are positive and encouraging as well as shifting the view of trauma from sickness (something wrong with self) to impact (something happened to self), a person can move forward to not only survive but thrive. [21] The mindset of, "If I could live through that I could live through anything."

**Post Traumatic Stress Disorder (PTSD)** • psychiatric disorder that can occur in people who have experienced or witnessed (directly or indirectly) a traumatic event. Those with PTSD continue to have intense, disturbing thoughts and feelings related to their experience that last long after the traumatic event has ended. [22]

**trauma-informed care** • understanding the multiple impacts trauma can have on a survivor and providing care to best help them through recovery in the most positive way

**MYTH**

Finding one tried-and-true aftercare approach is the best solution.

**FACT**

We strive to find the most effective and safe route of healing per the needs of each individual. This means that a restoration care plan may look different from culture to culture, or even person to person.

## PREVENTION

*"It costs far less to prevent human trafficking than it does to bring healing to those who have survived it. We are committed to both."*

**Renee** · *Destiny Rescue,*  
*International Aftercare Coordinator*

### Overview

It is crucial to step in where vulnerability exists before exploitation can even happen! Sustainable solutions that bring families out of poverty, provide access to education and empower entire communities to succeed are all working towards preventing human trafficking.

#### MYTH

Rescue is the ultimate solution to ending trafficking.

#### FACT

While rescue is a vital step to removing a victim from exploitation, it alone does not fix the underlying issues behind the exploitation (the demand and vulnerability). Strategic and effective prevention efforts are the ultimate solution to ending trafficking.



## DESTINY RESCUE

We believe prevention is even better than a cure. We implement two different kinds of prevention programs that both protect children and empower communities to resist the threats of human trafficking.

### **Protect**

We identify and ensure that at-risk children (often siblings of rescued children) and their families receive education, healthcare, regular food assistance, hygiene awareness, and financial management training. When necessary Destiny Rescue also provides housing for at-risk children.

### **Empower**

Aftercare support teams work within local communities to provide education in areas including human trafficking, child protection, women's rights, online safety, sustainable living, and building resilience and hope for the future. It is our passion to see communities empowered with the knowledge and tools necessary to not only safeguard themselves from the dangers of exploitation but also to grow and flourish.

· NOTES / THOUGHTS ·

*"We only have two choices:  
Do nothing or do something."*

**Tony Kirwan**

*Founder & Int'l President of Destiny Rescue*

## Overview

Fighting against each driving force behind human trafficking (Demand, Vulnerability and Exploitation) and contributing to the efforts that break the cycle (Rescue, Restoration and Prevention) makes a difference! You can be a part of ending human trafficking!

### MYTH

I have to be a rescue agent in order to fight trafficking.

### FACT

Anyone can fight trafficking by standing for justice and working to end the demand - your voice has impact! Say something when you feel others are speaking or behaving in a way that devalues other individuals.

## SPOT A VICTIM [23]

Not all trafficking victims present the same signs, but below are some key indicators that someone is in trouble. If you suspect human trafficking within the United States, contact the Human Trafficking Hotline immediately.

### **Common work and living conditions**

Is not free to leave or come and go as he/she wishes, is in the commercial sex industry and has a pimp / manager, owes a large debt and is unable to pay it off, was recruited through false promises, high security measures exist in the work and/or living locations (e.g. opaque windows, boarded up windows, bars on windows, barbed wire, security cameras, etc.)

### **Poor mental health or abnormal behavior**

Fearful, anxious, depressed, submissive, tense, nervous, paranoid, exhibits unusually fearful or anxious behavior after bringing up law enforcement, avoids eye contact.

### **Poor physical health**

Lacks health care, appears malnourished, shows signs of physical and/or sexual abuse, physical restraint, confinement, or torture.

### **Lacks control**

Has few or no personal possessions, is not in control of his/her own money, no financial

records, or bank account, is not in control of his/her own identification documents (ID or passport), is not allowed or able to speak for themselves.

### **Other**

Claims of just visiting and inability to clarify where he/she is staying/address, lack of knowledge of whereabouts and/or do not know what city he/she is in, loss of sense of time, numerous inconsistencies in his/her story.

National Human Trafficking Hotline

REQUEST HELP OR REPORT IN THE USA

1-888-373-7888 or text HELP to: BeFree (233733)

learn more at  
[humantraffickinghotline.org](https://humantraffickinghotline.org)

[information and services provided by Polaris Project]



## BE SMART ONLINE

We don't need to live in fear of the internet but also must realize the role it plays in fueling human trafficking.

**pornography** • a \$97 billion industry that profits off of media depicting women being abused, mistreated and brutalized, fueling the dehumanization of women as persons as well as the oversexualized demand at the core of trafficking

**online recruiting** • traffickers can target children using social media, apps and websites, it often begins as "harmless" communication but they quickly try to obtain something from the child (normally compromising images) that they can use as leverage to begin exploiting him or her

## Helpful Resources

### FOR PARENTS

Equipping children to grow up unscathed by an oversexualized culture and protected from predators in the age of the internet can be hard but is an important first step in fighting human trafficking.

**protectyoungminds.org** • protecting and talking with children about pornography

**getnetwise.org** • timely information resource to make informed decisions about your family's use of the internet

**pluggedinonline.org** • resource to make informed decisions about media your family consumes

### FOR YOUTH

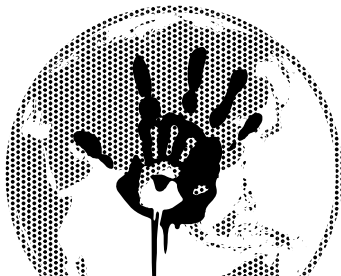
You can stand strong against our current culture. Change begins with you and the choices you make. From preventing school bullying to abstaining from watching pornography, you have the power to influence the world for good and fight human trafficking.

**fightthenewdrug.org** • prevent or recover from pornography addiction

**The Teen's Guide to Social Media & Mobile Devices** • (book, by Jonathan McKee) practical advice and tips regarding privacy and safety on the internet and social apps.

Destiny Rescue is not affiliated with any of these organizations or authors





## MAKE A GLOBAL IMPACT


JOIN OUR FIGHT TO END CHILD SEX TRAFFICKING

### STAY INFORMED

#### Follow Us

 [facebook.com/destinyrescue](https://facebook.com/destinyrescue)

 [@destiny\\_rescue](https://instagram.com/destiny_rescue)

 [@destinyrescue](https://twitter.com/destinyrescue)

#### Contact Us

 [usa@destinyrescue.org](mailto:usa@destinyrescue.org)

## RESCUE PARTNER

Your monthly donation of any amount will help holistically rescue and restore kids out of sex trafficking. Join the frontlines at [rp82.org](https://rp82.org).

## FUNDRAISE

Turn awareness into action and rally your friends - together you can make a huge impact in the fight to end child slavery at [go.destinyrescue.org](https://go.destinyrescue.org).

## VOLUNTEER

Find a local advocate group or consider a trek across the globe to volunteer in one of our project nations. Position opportunity details are listed on our website.

## TEAM TRIPS

Catch the vision and mission by seeing the work of Destiny Rescue first hand. Immerse yourself in the cultures where we work and return home forever changed. Trip dates and details are listed on our website.

visit our website for more information  
[destinyrescue.org](https://destinyrescue.org)

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[destinyrescue.org](https://destinyrescue.org)